

The **Infinity Skin Institute** is a MediSpa established by plastic surgeon **Dr Charles Cope** to provide clients with a comprehensive range of the latest skin-care and aesthetic treatments.

**Infinity** ensures a superior level of service through its highly-skilled team of doctors and experienced registered nurses.

Whatever your needs, **Dr Cope** and his professional team will listen to your concerns and provide an individualised treatment program that helps achieve your goals.



### Services

#### Our services include:

Laser Hair Removal	3
Intense Pulsed Light (IPL) photo rejuvenation	3
Titan <sup>™</sup> non-surgical facelift	4
Laser Genesis	4
Combination Therapy	5
Microdermabrasion	5
Wrinkle treatments and lip enhancement	6
Sclerotherapy	6
Medical strength facial peels	7
Epidermal Levelling	7
Medical Skin Care programs – Cosmeceuticals	8
Mineralogics makeup	10





#### Laser Hair Removal

Laser hair removal is the most effective method of permanently reducing unwanted hair, and is faster and less painful than other methods. Laser hair removal uses a highly concentrated



light source that is absorbed by the pigment in hair follicles, producing heat which vaporizes the pigment, eliminating or



significantly reducing hair growth. Dark, course hair on any area of the body is effectively treated. A total of four to six treatments six weeks apart are necessary to achieve optimal results.

#### Intense Pulsed Light

Intense pulsed light (IPL) is a broad spectrum of light that efficiently targets brown age spots, small veins, capillaries, diffuse redness (Rosacea) and uneven skin tone. IPL is designed to achieve visible improvement in the skin with no downtime and minimal discomfort. A series of 3 is usually required, performed at 2-3 weekly intervals.

### Titan<sup>™</sup> Non-Surgical Facelift

Titan<sup>™</sup> is a safe, non-surgical process that uses an infrared light source to tone, lift and tighten the skin and reverse the signs of ageing. The Titan<sup>™</sup> heats the dermis (the inner layer of the skin) causing collagen contraction and stimulating long-term collagen



remodelling, providing a taut and youthful appearance. The Titan<sup>™</sup> procedure can be used anywhere, including the abdomen, thighs and arms, as well as on the face and neck. The tightening effect can be noted after the very first treatment although three treatments may be required to provide the optimal result.

#### Laser Genesis



Laser Genesis uses laser energy to safely and effectively treat scars and diffuse and excessive redness, as well as providing a dramatic improvement in uneven skin texture, large pores and fine lines. A course of six treatments is recommended with subtle yet consistent results achieved after each treatment.

### Combination Therapy

Combination therapy is the use of multiple treatment modalities to help achieve your goals. For example, combining the Titan<sup>™</sup> with IPL will provide you with a firm taut skin and a complexion free of open pores and pigmentation. There are many combinations that can be used to ensure that your needs are adequately met.





#### Microdermabrasion

Microdermabrasion is a process which removes dead skin cells from the epidermis (the outermost layer of the skin),

cleaning out blocked pores and enhancing skin tone. The process increases sluggish skin cell turnover and enhances cosmeceutical uptake, producing fresh, glowing skin. Microdermabrasion is best utilised as a course of treatments or in conjunction with the light based treatments IPL and Laser Genesis.

## Wrinkle Treatments & Lip Enhancement

Infinity incorporates the most recent advancements in product choice and injection techniques to provide flawless facial contours, eliminate wrinkles and add volume and definition to lips. Excessive sweating (hyperhidrosis) is commonly undiagnosed and can also be effectively treated with a series of injections, allowing you to wear a full range of clothes and lead a more active lifestyle.





#### Sclerotherapy

Sclerotherapy is the injection of a special solution into unwanted leg and face veins. Using a micro-injection technique, the solution irritates the vessels causing adhesion of the lining and prevents regular blood flow. Over the following weeks the vessels shrink and gradually fade from view. Generally 1-2 treatments are required.



### Medical Strength Facial Peels

Chemical peels provide skin rejuvenation for fine lines, wrinkles and pigmentation problems and alleviate many common skin disorders such as acne and rosacea. Initially a series of 3 peels are recommended followed by periodic maintenance peels.





#### **Epidermal Levelling**

Epidermal Levelling uses a specially designed blade to remove dead skin cells and fine facial hair. This process stimulates the production of collagen and is ideal preparation for the absorption of cosmeceuticals. This treatment with its exfoliating effect provides a lustrous, light reflecting skin. Treatments are recommended monthly.

#### **Cosmeceutical Lines**

Infinity has the most advanced and effective skin care ranges on the market. Skin care regimes are vital and highly recommended



in conjunction with all laser and light-based services for sustained long-term improvement in skin quality and rejuvenation. Personalised and structured regimes are tailored to each client. The recent addition of CosMedix Mineralogics makeup to our skin care range allows a fully integrated regime of superior products to enhance any surgical, laser or light-based treatments.

CosMedix

CosMedix is a chirally-corrected medical skincare line that consists of innovative products designed to provide unparalleled results for a complete range of skin conditions. CosMedix uses high concentrations of active



ingredients that communicate with the skin and work with its natural ability to repair itself. The combination of chiral-correction and concentration of ingredients makes CosMedix one of the premier skin care lines in the world.

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#### Environ

The Environ® range is designed as a daily treatment to dramatically reduce and delay the signs of photo-ageing. Environ® skin care products have been specifically formulated to combat and relieve the harmful effects of the



environment including pollution and the ever-increasing doses of radiation from the sun due to the thinning of the protective ozone layer and pollution. Added to these are the modern-day effects of social and work stresses and poor diet. The Environ® products offer a definite regime to nourish, protect and maintain a healthy, youthful and beautiful skin.







Mineralogics by Cosmedix is a unique blend of highly purified, jet-milled minerals that provide an amazing natural look, without harsh



man-made chemicals, artificial colours, dyes, fragrances or fillers. Utilizing natural Sericite, iron oxides, ultramarines and titanium dioxide, Mineralogics foundations are able to provide natural coverage that evens skin tone and is able to provide sun protection while covering skin's most difficult challenges: rosacea, acne and spider veins. Moreover, Mineralogics are natural and preservative-



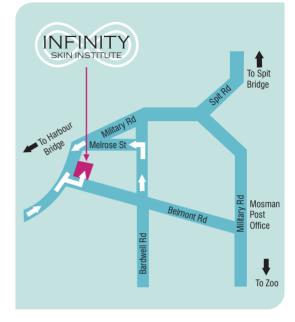
free and packed with exclusive blends such as green tea, vitamin C and vitamin E so allergic reactions are a thing of the past. Mineralogics by Cosmedix provides a full range of powder foundations, cheek colours, eye shadows, lipsticks and professional brushes. These products work together with our skin care ranges to give a fully integrated skin care treatment. Our staff can advise you which products are safe to use following surgical, laser or light-based treatments.

### Infinity Skin Institute

Level 1, 357 Military Rd Mosman NSW 2088

There is plenty of undercover security parking in the building.

In Association with: Dr Charles Cope MBBS(Hons) FRACS



North Shore Cosmetic Surgery

Call one of our registered nurses for complimentary skin care advice

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